



Esperanza Breakfast Menu Diciembre/December 2022

Lun/Mon	Mar/Tue	Mié/Wed	Jue/Thu	Vié/Fri
			12/1 Bagels Fruit Bowl Juice	12/2 Cereal Fruit Bowl Juice
12/5 Muffins Cheese Sticks Fruit Bowl Juice	12/6 Waffles Fruit Bowl Juice	12/7 Breakfast Rolls Fruit Bowl Juice	12/8 Mini Donuts Fruit Bowl Juice	12/9 Berry Swirl Fruit Bowl Juice
12/12 Cereal Bar Fruit Bowl Juice	12/13 Cinnamon Rolls Fruit Bowl Juice	12/14 Breakfast Sandwich Fruit Bowl Juice	12/15 Cereal Fruit Bowl Juice	12/16 Frudel Fruit Bowl Juice
12/19 Breakfast Bar Fruit Bowl Juice	12/20 Bagel-fuls Fruit Bowl Juice	12/21 Pop Tart Fruit Bowl Juice	12/22 	12/23 

*Each day Milk, fruit and juice will be offered with breakfast.

Menu is subject to change with or without notice based on the availability and freshness of items.

Participating students must take the hot item and at least 2 of the 3 following items: a) ½ cup of fruit, b) juice, c) milk

This institution is an equal opportunity provider.