

October 30, 2020

Dear parents/guardians and staff:

Salt Lake County Health Department has identified a case of COVID-19 within Esperanza Elementary. After investigating the circumstances, we have determined that you or your child are not considered exposed so quarantine is not necessary, although we suggest all associated staff and students monitor themselves for symptoms until Saturday, November 7, 2020. If you choose to do so, it is acceptable to continue participating in school or the activity.

If you/your child develops any of the following symptoms, contact your healthcare provider or find a COVID-19 testing site near you by visiting coronavirus.utah.gov. If symptomatic, please do not leave home for any reason except to seek medical care. Remain isolated while waiting for your test results.

One or more of these symptoms:

- cough
- shortness of breath
- difficulty breathing
- fever of 100.4° F or higher
- chills
- new loss of taste or smell

Two or more of these symptoms:

- headache
- muscle pain
- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea

COVID-19 is a highly contagious viral infection that causes a mild to severe respiratory illness. The virus that causes COVID-19 is thought to spread mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are within 6 feet of one another for 15 minutes or more. Wearing a mask or cloth face covering is known to help prevent transmission of COVID-19. For more information about COVID-19, visit [CDC.gov/coronavirus](https://www.cdc.gov/coronavirus).

Sincerely,
Salt Lake County Health Department