


# Esperanza Breakfast Menu Noviembre/November 2022

Lun/Mon	Mar/Tue	Mié/Wed	Jue/Thu	Vié/Fri
	11/1 Waffles Fruit Bowl Juicee	11/2 Breakfast Rolls Fruit Bowl Juice	11/3 Bagels Fruit Bowl Juice	11/4 Cereal Fruit Bowl Juice
11/7 Cereal Bar Fruit Bowl Juice	11/8 Cinnamon Rolls Fruit Bowl Juice	11/9 Quesadilla Fruit Bowl Juice	11/10 Mini Donuts Fruit Bowl Juice	11/11 Berry Swirl Fruit Bowl Juice
11/14 Muffins Cheese Sticks Fruit Bowl Juice	11/15 Frudel Fruit Bowl Juice	11/16 Breakfast Sandwich Fruit Bowl Juice	11/17 Pop Tart Fruit Bowl Juice	11/18 Cereal Fruit Bowl Juice
11/21 Breakfast Bar Fruit Bowl Juice	11/22 Cinnamon Rolls Fruit Bowl Juice	11/23  <b>No School</b>	11/24  	11/25  <b>No School</b>
11/28 Breakfast Loaf Yogurt Fruit Bowl Juice	11/29 Pancakes Fruit bowl Juice	11/30 Breakfast Corndog Fruit Bowl Juice		

\*Each day Milk, fruit and juice will be offered with breakfast.

Menu is subject to change with or without notice based on the availability and freshness of items.

**Participating students must take the hot item and at least 2 of the 3 following items: a) ½ cup of fruit, b) juice, c) milk**

*This institution is an equal opportunity provider.*