



Esperanza Breakfast Menu Octubre/October 2023

Lun/Mon	Mar/Tue	Mié/Wed	Jue/Thu	Vié/Fri
10/2 Muffins Cheese Sticks Fruit Bowl Juice	10/3 Pancakes Fruit bowl Juice	10/4 Breakfast Corndog Fruit Bowl Juice	10/5 Pop Tart Fruit Bowl Juice	10/6 Cereal Fruit Bowl Juice
10/9 Breakfast Loaf Yogurt Fruit Bowl Juice	10/10 Waffles Fruit Bowl Juice	10/11 Mini Donuts Fruit Bowl Juice	10/12 Happy Fall Break! 	
10/16 	10/17 Cereal Bar Fruit Bowl Juice	10/18 Cinnamon Rolls Fruit Bowl Juice	10/19 Bagels Fruit Bowl Juice	10/20 Breakfast Sandwich Fruit Bowl Juice
10/23 Breakfast Bread Fruit Bowl Juice	10/24 Frudel Fruit Bowl Juice	10/25 Chicken Waffle Fruit Bowl Juice	10/26 Mini Donuts Fruit Bowl Juice	10/27 Bagel-fuls Fruit Bowl Juice
10/30 Breakfast Bar Fruit Bowl Juice	10/31 Cinnamon Rolls Fruit Bowl Juice			

*Each day Milk, fruit and juice will be offered with breakfast.

Menu is subject to change with or without notice based on the availability and freshness of items.

Participating students must take the hot item and at least 2 of the 3 following items: a) ½ cup of fruit, b) juice, c) milk

This institution is an equal opportunity provider.

